

# Sutton Older People Community Mental Health Team



# Who do we support

- Patients over 75 years old
- Following a GP Referral
- Patients with Functional conditions such as Anxiety, Depression, Bipolar and Psychotic conditions.
- Those with Dementia perhaps exhibiting behavioural and psychological symptoms, particularly if it causes distress and results in risky behaviour.



Respectful



Open



Collaborative



Compassionate



Consistent



## What we offer

- Explore the current needs, frequency and intensity of presenting issues – exclude physical causes
- Identify risks and ways to reduce them
- Consider treatment options – social engagement, medication and advice re/ telecare.
- Therapy
- Carer support and education. Sign posting to other support services.



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# Who makes up the team

- Doctors – Consultant Psychiatrists, Staff grade and rotational Drs.
- Nurses
- Psychologists
- Occupational Therapist
- Recovery Support Workers



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# Sutton and Merton Challenging Behaviour Service



## Who we support

- Residents in Care Homes living with Dementia
- Following a GP referral
- Residents displaying behaviours that challenge.
- Behaviours unmanageable by staff



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## What we offer

Explore the history, frequency and intensity of presenting issues –  
exclude physical causes

Identify risks and ways to reduce them

Understand the reason for the behaviour

Get to know the person before the Dementia diagnosis

Consider treatment options both psychosocial and medication

Carer support and education



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# Who makes up the team

- Doctors
- Nurses
- Psychologists
- Occupational Therapist



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