



Together for Sutton – Information Network

Pete Flavell
11 September 2023

healthwatch

Introduction to Healthwatch

- One for every Local Authority (LA) in England (152)
- Set up to:
 - Listen to local people's views and experiences of health and social care.
 - Respond by producing reports and other evidence to influence decision-makers.
 - Provide a health and social care information and signposting service.
 - Direct people to NHS complaints advocacy
- Statutory body with powers to:
 - 'Enter and view' NHS and LA funded care provision locations (with some exceptions)
 - Receive a response from the NHS/LA to a report or an enquiry in 20 working days.

Feedback and Intelligence

Sources

- Have your say, events etc.
- Sutton Strategic Needs Assessment
- Joint Forward Plan data

Recent themes (post Covid-19)

- Access to primary care
- Access to dentistry
- Impact of the 'cost of living'
- Concerns about mental wellbeing
- Digital exclusion

Gaps

- Young people
- Minority ethnic groups
- Sensory impairments
- Learning difficulties/ neuro-diverse /lacking mental capacity
- Technologically excluded
- Mental ill health

Example – Young people’s Mental Wellbeing

- Years 5 & 6 (9-11 years old)
- Questions about:
 - What influences happiness/ sadness
 - Tests and Secondary school
 - Online activity
 - Exercise
- Pre-Covid-19 – 909 survey responses (10 schools)
- Post-Covid-19 – 1035 survey responses (10 schools)

healthwatch
Sutton

Q7. Please read the statements below. Tick one box for each one.

| | Not really | Sometimes | Often |
|--|--------------------------|--------------------------|--------------------------|
| A) I get headaches or stomach aches | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| B) I can manage my feelings well | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| C) I get angry and often lose my temper | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| D) I worry about if I'm doing well at school | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E) I worry about things at home | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| F) Other children generally like me | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G) I am nervous in new situations | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| H) I have one good friend or more | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I) I worry about the way I look | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| J) I eat healthy food most of the time | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| K) I worry about what other say about me | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Q8. How do you feel about school tests like SATs and admission tests?

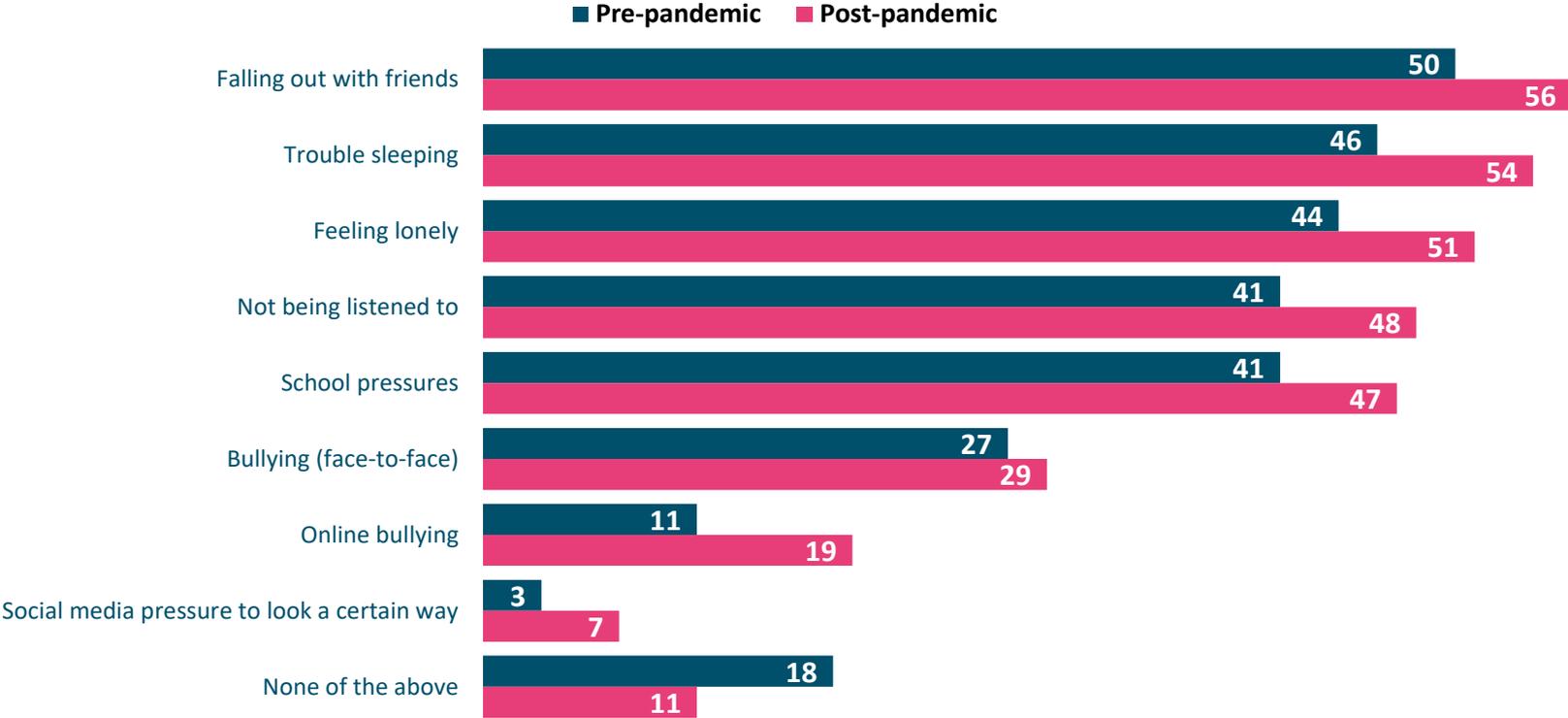
Q9. How do you feel about going to Secondary school?

2

Example – Findings & Next Steps

Have you experienced any of the following? %



Our collaboration

- PPG/PRG/PCN support
- Care home visits
- Mental health transformation monitoring
- Learning disability support worker care quality
- Grassroots engagement
- Peri-natal mental health experience
- Palliative Care Coordination Hub
- SWL Healthwatch Representation
- Mental wellbeing of children (schools)

Improving collaboration between VCSE & health and social care providers

- Identifying the underlying issues
- Barrier to treatment
- Diversification of primary care staff
- Non-clinical support available through the VCSE
- Improving understanding and awareness of support available
- Improving referrals between sectors
- Generating useful intelligence to aide improvements for the health and wellbeing of local people

Thanks & Questions



For more information

Healthwatch Sutton

Granfers Community Centre

73-79 Oakhill Road

Sutton

SM1 3AA

www.healthwatchsutton.co.uk

t: 020 8641 9540



healthwatch