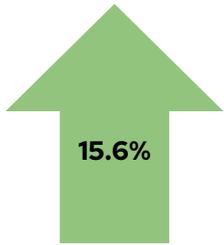


Family Hubs in Sutton Supporting Families together



Large population increase of under 15s



In the last decade, the population of under 15s has increased by 15.6%, which is more than the London (3.4%) and England (4.6%) averages

2nd largest

In the most recent 6 year period (from 2015 - 2020), Sutton experienced the second largest net inflow of children (aged up to 15 years old) of all London boroughs.

23.4% of Sutton's population are under 18 (48,972 people), compared to 21.5% in London and 20.8% in England².

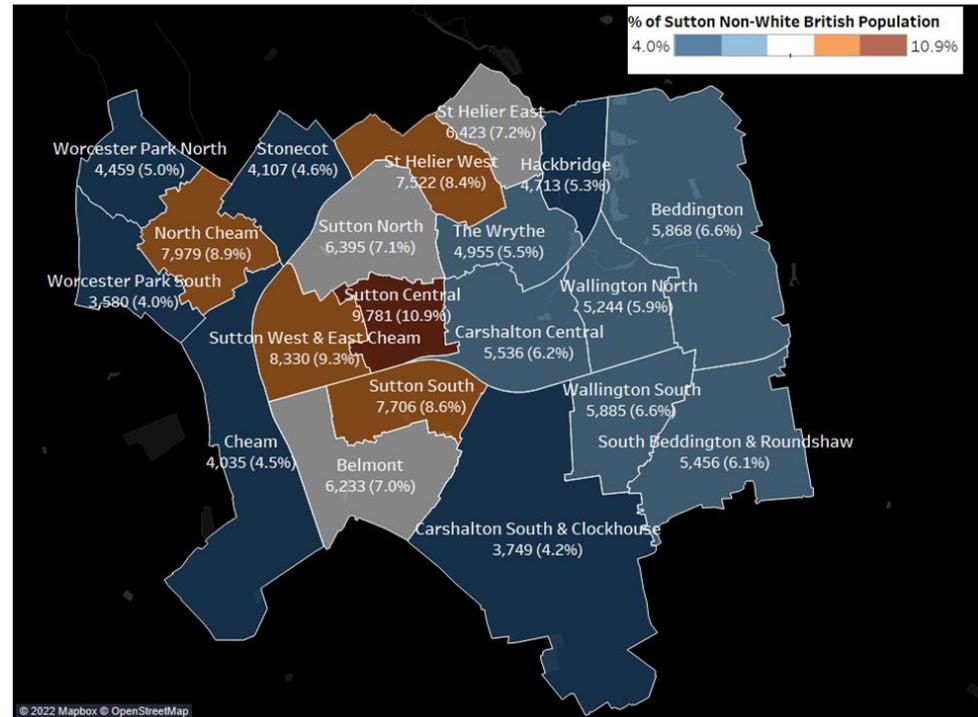
- 6.0% (12,607 children) are under 5, comparable to 6.0% in London and 5.4% in England.
- 17.4% (36,365 children) are aged 5-17 (compared to 15.5% in London and 15.4% in England).

This growth has happened despite a decline in the birth rate and seems to have been largely driven by migration of children into the borough.

More ethnically diverse

Sutton has become more ethnically diverse in the last decade. In 2021, 57% of the population in Sutton was White British, compared to 71% at the 2011 Census. This change in the ethnic makeup of the Sutton's population has happened faster than population models had predicted⁶. **Previous estimates anticipated it would take another decade for 56% of the population to be White British⁷.**

In the last two years there has been significant migration into the borough, with Sutton welcoming more than 2,000 people from Hong Kong. More recently, smaller numbers of refugees from Ukraine have also moved to the Sutton.



Many children in Sutton have a good start to life, but there are opportunities to improve their health and wellbeing

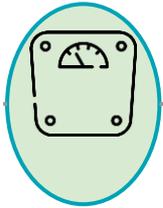
Most of the indicators in the government's [Child and Maternal Health profile](#) indicators are similar to, or better than, the national average. But, there are opportunities to reduce the impact of some risk factors and improve health and wellbeing outcomes now and in later in later life.



32.8% are not breastfed at all, more than across London (17.5%), but fewer than across England (41.4%). 32.0% of infants are exclusively breastfed, comparable to London and England.



A&E attendances for under 18s are above the national average, and particularly **high (and increasing) for children aged 0 to 4** (750 per 1,000 children, 660 per 1,000 nationally).



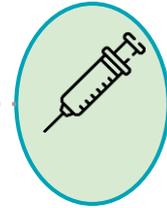
16.2% of children in reception were overweight or obese, rising to **36.3% by year six**, significantly below the national and regional averages. The rate at year six is increasing.



43.7% of children are active for 60+ minutes a day (the recommended amount), comparable to England (44.6%) and London (44.4%).



78.8% of infants have a 6-8 week review, dropping to **64.2% of children having their 2-2.5 year review**, both significantly lower than the national average, and declining.



Fewer than 90% of children have received several key vaccinations: **Hib and MenC booster, PCV booster**, and the **MMR vaccinations** at two and five years old.



Children in care had an **Attainment 8 score at key stage four of 21.4**, lower than the whole-borough **average (57.6)** and the London average amongst children in care (24.7).



Children receiving free school meals (FSM) had an **Attainment 8 score of 44.1**, lower than the whole-borough **average (57.6)**, and the London average of children with FSM (45.5).

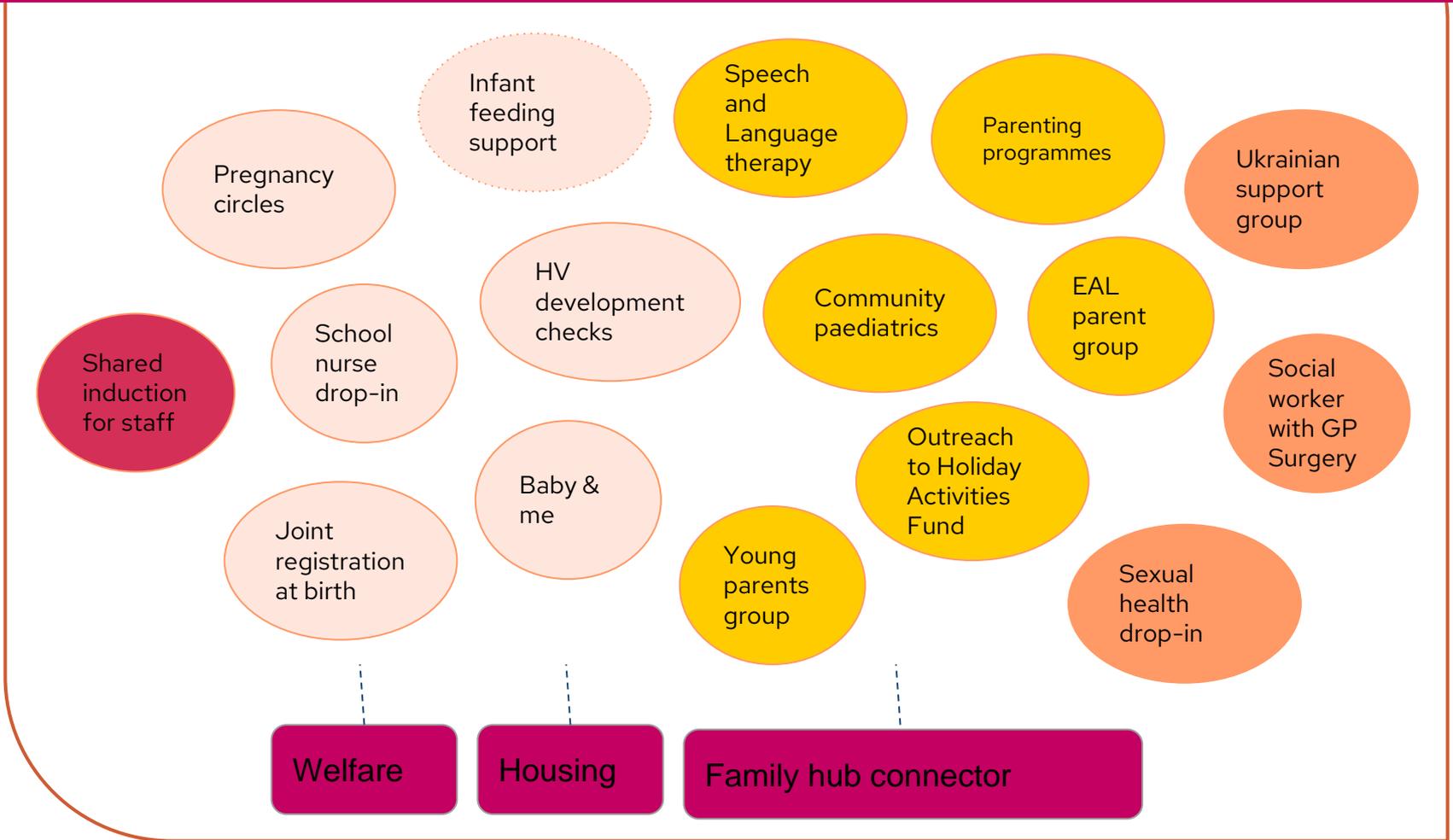


Hospital admissions for self harm doubled amongst 10-14 year olds in 2020/21 (compared to 2019/20), showing the impact of the pandemic on young people's mental health.



The **rate of referrals to secondary mental health services for children** have increased by over 8% year on year between 2017/18 and 2019/20.

Our offer so far...



What do Family Hubs look like in Sutton?

- 4 Hubs in Sutton, Phoenix Centre (Wallington), Tweeddale (Carshalton), Central Sutton Library (Sutton), Belmont GP (Cheam and South Sutton)
- Emphasis is on families accessing services and support earlier not on buildings.
- Each area has a Family Hub Connector who can provide information, advice and support services in their local community.
- The Family Hub Connectors are part of the Sutton Family Information Service and can offer more intensive support for families who need it.
- A Family Hub Connector can help with completing forms, getting to know the area, childcare, cost of living practical support and more.
- We only know what we know....please keep us updated on your services so we can signpost.
- Our aim is to normalise asking for help...

Asking for help isn't easy....

With the person next to you, discuss how you would approach talking about parenting with a service user, to help reduce the stigma?

Top Tips

- You are not alone, Parenting is hard
- Asking for help is a strength
- Meet others who are in the same situation
- Find out more about what support information and advice is available to you
- Have time to reflect and listen to others ideas
- Learn something new
- Opportunity to train and support others

<https://www.youtube.com/watch?v=96cDCbrGdAQ>